

Stephen Cadieux

900 University Ave. Riverside, CA 92521
917-946-5569 • scadi002@ucr.edu

EDUCATION

Ph.D., Psychology University of California, Riverside Advisor: Sonja Lyubomirsky	2023 –
B.A., Sociology, <i>cum laude</i> The Ohio State University, Columbus, Ohio	2007 – 2010

RESEARCH INTERESTS

Social connection; intervention science; well-being

FUNDING

Committee on Research of the Riverside Division of the Academic Senate <i>Contributor</i> , “Spiritual Practices, Social Connection, and Well-Being”	2025
Tiny Blue Dot Foundation <i>Contributor</i> , “Effects of High-Quality Listening on Psychological and Biological Well-Being Through the Expansion of the Perception Box”	2024 – 2027

PUBLICATIONS

Cadieux, S., & Lyubomirsky, S. (under review). How chanting enhances well-being: The roles of vocalization, repetition, and concentration.

Montemayor-Dominguez, M., Chinn, J., **Cadieux, S.**, & Lyubomirsky, S. (under review). *Culture and well-being: Five empirical approaches*. In M. Yik (Ed.), *The Oxford Handbook of Emotion and Culture*.

Dhawan, N., **Cadieux, S.**, & Langer, E. J. (2024). *The effect of Langerian mindfulness on the consumption and conveyance of fake news*. PsyArXiv. <https://doi.org/10.31234/osf.io/zqn4e>

BOOK

Cadieux, S. (2023). *The Sanskrit Handbook: A Guide for Yoga Students*.

PRESENTATIONS

Cadieux, S. (2025, September 26). *Comparing Three Experimental Manipulations of High-Quality Listening*. 2025 Tiny Blue Dot Foundation Summit, Los Angeles, CA.

Cadieux, S. (2025, May 1). *Elements of Chanting and Their Effects on Well-Being*. Proseminar on Current Research in Social/Personality Psychology, University of California, Riverside, Riverside, CA.

Cadieux, S. (2024, April 23). *Multiple Regression: The Importance of Religious & Spiritual Predictors of Well-being*. Current Research in Quantitative Psychology Seminar Series, University of California, Riverside, Riverside, CA.

POSTERS

Cadieux, S., Montemayor-Dominguez, M., Chinn, J., Radošić, N., & Lyubomirsky, S. (2025, September 26-27). *Comparing Three Experimental Manipulations of High-Quality Listening* [Poster presentation]. 2025 Tiny Blue Dot Foundation Summit, Los Angeles, CA.

Cadieux, S., & Lyubomirsky, S. (2025, February 20-22). *Elements of Chanting and Their Effects on Well-Being* [Poster presentation]. Society for Personality and Social Psychology Conference, Denver, CO.

Montemayor-Dominguez, M., Radošić, N., **Cadieux, S.**, Chinn, J., & Lyubomirsky, S. (2024, September 27-28). *Effects of High-Quality Listening on Psychological and Biological Well-Being Through the Expansion of the Perception Box* [Poster presentation]. 2024 Tiny Blue Dot Foundation Summit, Los Angeles, CA.

Montemayor-Dominguez, M., Martinez, R., **Cadieux, S.**, & Lyubomirsky, S. (2024, February 8-10). *Understanding How We All Seek Awe: Descriptive Analysis of a Novel Awe Intervention* [Poster presentation]. Society for Personality and Social Psychology Conference, San Diego, CA.

Cadieux, S., Dhawan, N., & Langer, E. J. (2022, August 4-6). *Seen and Not Seen: How Mindfulness Affects Fake News Consumption* [Poster presentation]. American Psychological Association Conference, Minneapolis, MN.

RESEARCH EXPERIENCE

University of California, Riverside Graduate Student, Positive Activities and Well-Being Lab	2023 –
Harvard University Research Assistant, Langer Mindfulness Lab	2020 – 2023

ACADEMIC SERVICE

<i>Ad Hoc Reviewer:</i> <i>Emotion</i> <i>Social Psychological and Personality Science</i> <i>Trends in Cognitive Sciences</i>	
Member, Poster Review Board, SPSP 2026	2025 – 2026
Co-organizer, California Well-Being Conference 2026	2024 –
Founder and Organizer, PAW Lab Journal Club	2024 –
Reviewer, Student Poster Award, SPSP 2025	2024 – 2025
Member, Dept of Psychology Diversity, Equity, & Inclusion Committee, UCR	2024 –
Volunteer, Graduate Student Recruitment Weekend, UCR	2024 –
Graduate Student Coordinator, Social/Personality Proseminar, UCR	2023 –
Lead Administrator, Black People Space, Columbia University	2021 – 2023
Volunteer Sanskrit Tutor, Rutgers University	2019 – 2021

TEACHING

Personality Psychology	FA25
Psychological Methods: Statistical Procedures	WI25
Social Psychology	FA24
The Science of Well-Being	SU25, SP25, SU24

PROFESSIONAL EXPERIENCE

Sanskrit Tutor	2019 –
Columbia University Administrative Lab Manager, Marlin Lab	2021 – 2023
Joe Coffee Company General Manager	2015 – 2019
Verve Coffee Roasters General Manager	2014 – 2015

PROFESSIONAL MEMBERSHIPS

Society for Personality and Social Psychology	2023 –
---	--------

CERTIFICATIONS

CITI Training
Data Science: R Basics - Harvard EdX Certificate

SKILLS

Statistical Analysis and Software Development: R, GitHub
Survey Platforms: Qualtrics, MTurk
Administration: IRB Protocol
Software: Microsoft Office, Google Suite, Zoom, Slack, Windows OS, Mac OS
Languages: English (native), Sanskrit (can read with dictionary)